

COSTA RICA ESCAPE

Tour Overview

 Start Point San José	 End Point San José	 Meals 8 Breakfasts 3 Dinners	 Transport Air-conditioned coach	 Tour Type Fully-guided tour
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Itinerary

Day 1: Start of tour in San José

 Dinner  Hotel Balmoral (or similar)

Welcome to your Costa Rica Escape! Arrive in San José, the capital, and meet up with your tour leader and fellow travellers at the hotel this evening. After an overview of the exciting upcoming itinerary, head to a local restaurant for a delicious welcome dinner. Get to know your tour leader and group over an authentic Costa Rican meal!

Included:

- Enjoy a welcome dinner in San José

Day 2: San José - La Fortuna

 Breakfast  Hotel Magic Mountain (or similar)

After breakfast, head to La Fortuna. This small town is the gateway to the spectacular Arenal Volcano National Park. Arrive and set off on an orientation walk. This evening is free to join the highly recommended Hot Springs optional excursion! Admire the crystalline waterfalls and relax in these hot spring waters before enjoying an included buffet dinner.

Included:

- Visit La Fortuna

Optionals:

- Arenal Hot Springs & Dinner Experience

Day 3: La Fortuna: Free Day

 Breakfast  Hotel Magic Mountain (or similar)

From volcano views to lush rainforests and plenty of hiking trails, La Fortuna has so much to offer on this free day. To experience the beauty of the Arenal Volcano, join today's optional excursion for an expertly-guided hike around the volcano and national park. This evening, learn more about (and taste more) Costa Rican cuisine with an interactive cooking class!

Optionals:

- Arenal Half-day Volcano Hike
- Costa Rican Cooking Class

Day 4: **La Fortuna - Monteverde**

 Breakfast, Dinner  Hotel Cipreses (or similar)

This morning, begin the journey to Monteverde travelling through the magnificent Cloud Forest. Arrive and embark on an orientation walk through town. The rest of the day is free to explore or join the Coffee Farm Tour and discover how Costa Rican coffee, chocolate and sugar cane are made. Later, enjoy dinner at a vibrant restaurant surrounded by lush greenery.

Included:

- Drive through the Monteverde Cloud Forest

Optionals:

- Coffee Farm Tour
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Day 5: **Monteverde: Free Day**

 Breakfast  Hotel Cipreses (or similar)

Make the most of a free day in this beautiful part of Costa Rica. Explore Monteverde's famous cloud forest and take to new heights on the Hanging Bridges & Sloth Sanctuary excursion for an adrenaline-pumping experience featuring amazing views followed by a visit to a sloth sanctuary! Or, explore the area at your own pace. The choice is all yours!

Optionals:

- Hanging Bridges & Sloth Sanctuary
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Day 6: **Monteverde - Quepos**

 Breakfast  Hotel Mono Azul (or similar)

Journey from Monteverde to coastal Quepos, a paradise for beach lovers and wildlife enthusiasts with its clear waters and rich biodiversity. After hotel check-in, enjoy free time or join the optional sunset catamaran cruise offering marine wildlife viewing, snorkeling, and stunning views of Manuel Antonio National Park. Depending on the season, you may even spot whales, dolphins, and stingrays!

Included:

- Soak up the sun in Quepos

Optionals:

- Quepos Sunset Catamaran
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Day 7: **Quepos**

 Breakfast  Hotel Mono Azul (or similar)

This morning, set off on an adventure through the impressive Manuel Antonio National Park. Experience a vast diversity of landscapes from white-sand beaches to forests and mountains! Within this park, around 184 species of birds and 109 species of mammals reside including sloths, monkeys, and toucans. Take the opportunity to swim in the crystal clear waters of the beautiful beaches!

Included:

- Explore Manuel Antonio National Park
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Day 8: **Quepos - San José**

 **Breakfast, Dinner**  **Hotel Balmoral (or similar)**

Departing Quepos this morning, the tour travels back to San José! This afternoon, get to know Costa Rica's vibrant capital on a driving tour. Admire San José's unique Spanish colonial architecture and see top sights including Casa Amarillo, the National Theatre and the main town square. This evening, sit down for one last farewell dinner with the group.

Included:

- Discover San José on a driving tour
- Sit down for a farewell dinner in San José

Day 9: **End of tour in San José**

 **Breakfast**

Enjoy the last breakfast with the tour group this morning, after which this jam-packed Costa Rica coach tour comes to an end. Don't forget to swap contact details with your newfound travel friends before travelling onwards to your next destination.

Disclaimer: Itinerary details are correct at time of publication and may be subject to change. This document was generated on 29 September 2026 at 11:24 UTC.